

REGISTRATION FORM

NAME:

CLUB:

AGE : DOB:

SCHOOL:

PLAYING
POSITION:

SHARING
WITH:

CAMP ATTENDING

Monday 27th July - Thursday 30th July ☐

Monday 3rd August - Thursday 6th August ☐

Monday 10th August - Thursday 13th August ☐

ANY MEDICATION/ALLERGIES:

PARENT/GUARDIAN NAME:

EMAIL:

CONTACT NO:

I give my consent for my child to participate in the above coaching camp. I can confirm that my child (named above) is physically fit and able to cope with strenuous exercise. I give my permission for a member of the coaching staff to obtain and authorise medical treatment in my absence should the need arise. I also consent to the use of photography during the camp.

SIGN/DATE:

Please enclose a cheque for £325 (Residential) or £225 (Day)

made payable to 'DBCA' and return to:

DBCA, Mill End Farm, Brind Lane, Howden, DN14 7LA



MT13™

INNOVATE | COACH | SUCCEED



HOCKEY CAMP

@ SCARBOROUGH COLLEGE

Filey Road, Scarborough,
North Yorkshire, YO11 3BA

27th July - 30th July
3rd August - 6th August
10th August - 13th August

Monday 12.30pm-Thursday 4pm

8-16 Year Olds

OSAKA HOCKEY .COM





ABOUT MT13

MT13 have been running Coaching Camps since 2008. The popularity of the MT13 / DBCA Residential Camps, established in 2011, has doubled year on year hence this year the decision to run 3 weeks of camps.

THE COACHING

The coaching is headed up by Matt Taylor. Matt is the current Beeston Mens First Team Coach as well as being Director of Hockey at the Club. Matt is also Director of Hockey at Nottingham University. Matt will be assisted by a number of current internationals which includes:

Ollie Willars (England & GB)
Jamie Cachia (Scotland)
Will Byas (England Under 21)
Sophie Robinson (Wales)
David Ames (ex. Ireland International)

The line up of coaches for each camp will be announced in late May.



THE CAMP

HOW IT WORKS

Players are split into different countries (those taking part in this years EuroHockey Championships,) compete against each other in hope of becoming the winning Nation. Each player from the winning nation will receive a prize. Aside from the countries players will also be divided into position / ability / age specific groups where they will learn a variety of skills in different drills and match play scenarios.

PRIZES

All of the camps are sponsored by Osaka Hockey and they kindly provide 3 prizes for each camp, ranging from sticks and shoes etc.

BOARDING

The accommodation is split across two boarding houses, a short walk from the main school. Players can request to share in 2's, 3's and 4's. please ensure you make note if this when completing the Registration Form. All food is served in the main Dinning Hall and players will be supervised at all times on the camp.

CAMP KIT

Players will be issued with 2 MT13 / Osaka Hockey T Shirts upon arrival on Day 1. A full list of other equipment will be issued in the pack which will be sent out at the beginning of May.



CAMP CONTENTS

During the 4 days the coach to player ratio will be 10 players per 1 coach. As the players rotate through the various drill the coaching content will be:

- Core Skill Analysis featuring Video Feedback
- Maintaining Speed and Fluidity of Ball Carry - Speed Gates
- Conditioning Workshop
- Development of 3D Skills for Elimination around the D
- 11 a Side and 7 a Side Match Play
- Finishing with Flare
- 1v1 Defending Techniques
- Mastering elements of the PC in Attack and Defence
- How to turn Defence into Attack quickly and effectively

As well as the on the pitch activities players will also take part in a wide range of activities away from the pitch aimed at promoting team bonding.

